

# ALSOD

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## 2026

*dance*

INFORMATION BOOKLET



### CONTACT

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www.amandaleedance.com.au  
2/21 Durgadin Drive Albion Park Rail

# WELCOME TO ALSOD

## WELCOME

We warmly welcome you to **Amanda Lee School of Dance!** We are an inclusive Illawarra dance studio that is designed to inspire and nurture a love of dance and performing arts. We look forward to getting to know each and every one of you this year and are very excited for the school's success in 2026 in our purpose built dance environment!

## ABOUT US

Amanda Lee School of Dance is conveniently located just minutes from Albion Park Rail, Albion Park, Oak Flats, Shell Cove, Flinders and other surrounding suburbs. ALSOD proudly offers 3 purpose built studios, reception, waiting areas, wifi and modern facilities ensuring all students are learning safely in an environment that is correctly built for training dancers of all ages. With classes held 6 days a week, ALSOD easily caters for a variety of ages, abilities, individual interests and creative goals. All classes are run by experienced, knowledgeable and qualified instructors, in a fun and supportive environment designed to inspire every dancer of every level.

## OUR MISSION

Amanda Lee School of Dance strives to provide high quality and innovative dance training for students of all ages and abilities. Classes are offered in a number of styles to support students individual interests and creative goals in a vibrant and safe environment. Students are encouraged to develop technical skills, dance artistry and build self-esteem under the guidance of our highly skilled instructors who hold the experience and/or relevant qualifications for their fields. ALSOD provides extensive performance and examination opportunities to further enhance students enjoyment and dance experience, in a fun and supportive environment designed to inspire every dancer.





# DANCE PROGRAMS

## RECREATIONAL

Fun, vibrant and inclusive recreational classes designed for students of all ages and abilities offered in a range of levels and styles of dance

## PERFORMANCE

Our Performance Program is offered to those looking to further develop their skills and enhance their dance opportunities

## EXAMINATIONS

Offering Royal Academy of Dance Ballet Examinations to committed students wishing to sit annual Examinations

## PRE-SCHOOL PROGRAM

Proudly offering specialised Pre-School Classes for students with age appropriate content, qualified instructors, student teachers and a whole lot of fun!

## TESTIMONIALS



"Amanda Lee School of Dance is a well-rounded, enjoyable dance experience for any child wanting to learn the art of dance. They welcome all dancers, offer a great variety of classes and I have always felt welcome and valued as a parent at the studio. I would highly recommend ALSOD to anyone interested in dance whether you are just starting out or have been training for years." - **Tony**

"We love ALSOD and the 6u Performance Team is such a great little group! Thank you for all your guidance and patience. My daughter has never once left or walked out of class without a smile on her face." - **Hayley**







# PRE-SCHOOL PROGRAM

## PRE-SCHOOL INFO

Our Pre-School Dancers have their own program that is specifically designed for Pre-School aged children from 2 years of age. Our age appropriate classes focus on learning the foundations of Ballet, Jazz and Acro technique as well as guiding students to develop gross motor skills, social skills, musical awareness and coordination.

**Pre-School classes at ALSOD are structured, fun and progressive!**

**To ensure we provide the highest quality training to our pre-school dancers, classes are capped and a waitlist will be taken once we reach capacity.**

"The team at ALSOD provide a nurturing and supportive environment for my Pre-School dancer! I love knowing she is well taken care of in her classes whilst having fun and gaining confidence helping her get ready for big school." - **Stephanie**





# CLASS STYLES

## **JAZZ**

Jazz is a fun, energetic and dynamic style of dance that is great for all ages. Each Jazz class is highly engaging, having a strong emphasis on musicality, technique and coordination. Appropriate Jazz foundations and skills are taught to each age group where we focus on building confident dancers in an inclusive environment.

## **CLASSICAL BALLET**

Ballet is an inspiring style of dance known for its elegance, precision and strength. The art of ballet is continually evolving and provides an excellent grounding that translates across all styles of dance. We have 2 RAD RTS Qualified Teachers and offer the Royal Academy of Dance Classical Ballet Syllabus, which is recognised worldwide as the leading organisation for classical ballet education. We also offer RAD Examinations.

## **LYRICAL**

Lyrical and Modern Expressive is an extension of Classical Ballet that is comprised of fluid movements. Lyrical combines many of the technical elements of ballet, with the freedom and expressiveness of modern dance. This style primarily focuses on demonstrating emotion through the interpretation of music.

## **CONTEMPORARY**

Contemporary dance is based around classical techniques and the discipline of distinct, unique and versatile movements. Contemporary dance explores creative choreography with the aid of music to build dynamics and strengthen story telling and self expression.

## **HIP HOP**

Hip Hop refers to choreographed movements that have evolved from hip hop culture, encompassing a wide range of dance styles and music. These primarily include popping, locking, breaking, funk styles and lyrical hip hop. Hip Hop allows students to explore their own creativity and freedom within the style.



# CLASS STYLES

## PRE-SCHOOL DANCE

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## TAP

Tap is a traditional style of dance that is characterised by the percussive sounds of a tappers shoe striking the floor. Our structured tap classes focus on technique, musicality and coordination and all students are encouraged to participate in our end of year Showcase with their class routine.

## ACRO DANCE

Acro Dance is a genre of dance which seamlessly fuses elements of lyrical tricks, balancing, tumbling and jazz helping to create versatile dancers. Our classes follow the Acrobatic Arts Syllabus where students are able to progress through class levels and skills as they advance. Students must develop a good foundation of strength and flexibility to achieve new skills, and with a steady approach students will reach their goals safely and effectively with correct technique.

## STRETCH + TECHNIQUE

This technique class is designed to improve student flexibility, core strength, balance and range of skills. Students are taught the correct methods of stretching and what particular stretches benefit them in aid to perform a particular skill. This class is recommended for all performance students.

## PERFORMANCE

ALSOD offers a number of performance classes and opportunities available to select dancers wishing to perform and compete both locally and interstate. These classes include Solo, Duo, Trio, Private Coaching, Troupe and Elite Team classes. Please contact us to express your interest in our performance classes.



# PRICING INFORMATION

## ENROLMENT FEES

Annual registration/administration fees are \$40.00 per student OR \$60 for families with more than one child enrolling from the same household in 2026. All Private Lesson students are required to pay a \$25.00 annual fee to cover APRA, PPCA and copyright fees. Enrolment fees are due upon enrolment or will be added to your Term 1 Invoice if enrolling online.

## CLASS PRICING AND PACKAGES

### 2025 Class Packages -

- 1 Class - \$17.00 per week
- 2 Classes - \$34.00 per week
- 3 Classes - \$47.00 per week
- 4 Classes - \$58.00 per week
- 5 Classes - \$68.00 per week <<< **MOST POPULAR!**
- 6 Classes - \$76.00 per week
- 7 Classes - \$82.00 per week

### **UNLIMITED CLASSES \$85.00 PER WEEK**

*(excluding Private Lessons, workshops and rehearsals)*

### PRIVATE LESSON PRICING

- 30min Private Lesson/Solo - \$40.00 per lesson
- 30min Duo or Trio - \$25.00 each per lesson

## HOW TO PAY

All fees must be paid by the term and in full by the due dates to avoid late charges. A 10% late fee will be automatically applied to overdue Invoices. Payment options include cash, eftpos at reception or direct bank transfer.

Direct Deposit details are below -

**Account Name:** Amanda Lee School of Dance

**BSB:** 082812 **Account Number:** 732336044



# STUDIO UNIFORM

## STUDIO UNIFORM

All students must be in correct studio uniform and dance attire appropriate for dance classes. We have a variety of uniform options suitable for all dancers ranging from Pre-School to Seniors available to purchase from reception.

Hair must be neat and tidy and minimal jewellery is to be worn due to safety. Please ensure all dancewear items are labelled with your child's name to ensure missing items are returned to the correct owner.

## FOOTWEAR

Appropriate footwear must be worn to each class. If you need any assistance with shoes please talk to your child's teacher or see below for requirements -

**JAZZ:** Black slip on jazz shoes from Energetiks, Capezio or Bloch

**BALLET:** Ballet shoes with elastics from Energetiks, Capezio or Bloch

**TAP:** Black buckle up tap shoes. Lace up tap shoes allowed Soloists

**HIP HOP:** Sneakers/joggers are to be worn to class

**LYRICAL:** Barefoot

**CONTEMPORARY:** Barefoot

**ACRO:** Barefoot

## DANCE SHOP

ALSOD has a range of uniform and footwear supplies. If we do not have the shoes you require in stock, please head to -

**Graceful Steps Dance Emporium**

Shop 3/17-19 Industrial Rd

Oak Flats

0439 514 297



# IMPORTANT DATES AND POLICIES

## TERM DATES

TERM 1: Monday 2nd February - Thursday 2nd April

TERM 2: Monday 20th April - Saturday 4th July

TERM 3: Monday 20th July - Saturday 26th September

TERM 4: Monday 12th October - TBC

*Please note classes will not be held on Public Holidays or school holidays*

## CLASS CANCELLATIONS

In the event of a class cancellation, a make up lesson will be offered or a credit will be applied to your account/you will not be charged on your Invoice. Please note this only applies to lessons cancelled by ALSOD and not if students don't attend their enrolled classes. In extreme weather, classes may be cancelled.

## STUDIO POLICIES

We pride ourselves on providing the community with safe dance practices and a safe environment for students to enjoy dance. Amanda Lee School of Dance encourages inclusiveness and does not tolerate bullying.

## STUDIO EVENTS

ALSOD holds additional studio events throughout the year including workshops, open classes, dress up weeks, seasonal events and even host birthday parties!

Our annual Easter Event will be held on Saturday 28<sup>th</sup> March. More info to come.

Our annual Birthday Disco will be held on Saturday 18<sup>th</sup> September. More info to come.







# ANNUAL SHOWCASE

## SHOWCASE INFO

Amanda Lee School of Dance holds an inclusive Showcase each year where all students are encouraged to attend! Our Showcase is held at the Illawarra Performing Arts Centre (IPAC) in Wollongong and will be held from 2.30pm on a weekend in late November/early December. Date is usually confirmed in Term 2.

Our Showcase is professionally photographed and filmed each year and photo walls are set up in the foyer for additional photo opportunities.

## SHOWCASE PACKAGE

All Showcase costs are kept to an absolute minimum where possible. Families are encouraged to keep previous years costumes as they are often reused or resold to other students. Costume deposits start being issued in Term 2 Invoices for participating students and where possible, hire costumes are provided to keep costs down.

A one off Showcase Performers fee will be applied to Term 4 Invoices that covers dancers participation, rehearsal and licensing fees, and all students will receive a trophy. More info in Term 4.





# CONTACT US

## CONTACT US TO ENROL TODAY

Please feel free to reach out to discuss your child's enrolment and performance opportunities at ALSOD in 2026! We are proud to offer a range of classes and options for both Recreational and Performance students and understand each dancer's journey is unique. We happily offer **FREE TRIALS** and ensure your child will feel supported in their dance journey with us!

*If you would like to receive a Performance Pack please let us know.*

**OUR TEAM ARE EAGER TO ASSIST WITH ANY ENQUIRIES!**



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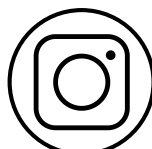
**2/21 Durgadin Drive, Albion Park Rail  
Industrial Complex**



**0473 900 890**



**ALSOD Parents on Facebook**



**@amandalee\_schoolofdance**



# REACH YOUR POTENTIAL

## JOIN THE TEAM IN 2026



Dancers: Allyssa Dunning  
and Molly Bosanquet  
Wollongong Eisteddfod